

SEXUAL HEALTH

RESOURCE GUIDE

Provided by the University of Texas at Austin University Health Services

Sexual Assault By Strangers, Acquaintances, or Family Members

- **University Health Services**
 - Emergency contraception, sexually transmitted infection testing, Rohypnol and GHB testing, 512-471-4955
 - HIV counseling and testing (confidential), 512-475-8265
 - Information and referral, 512-475-8252, healthyhorns.utexas.edu
- **UT Counseling & Mental Health Center**
 - Crisis counseling, educational information, individual and group counseling, walk-in services, and outreach workshops
 - Hours: 8am-5pm M-F, 512-471-3515, www.utexas.edu/student/cmbc
- **UT Voices Against Violence**
 - Counseling & advocacy for survivors, friends, & family, 512-471-3515
 - Sexual and relationship violence counseling, educational and outreach programs on sexual assault, stalking, and relationship violence
 - uts.cc.utexas.edu/~vav/
- **UT Telephone Counseling and Referral Services**
 - Confidential telephone counseling for students with a variety of concerns
 - Information on campus and community resources
 - Available 24 hours, 512-471-CALL (2255)
- **St. David's Hospital**
 - 919 E. 32nd St.
 - Sexual Assault Nurse Examiners (SANE): RNs trained to do rape exams, medical assistance
 - Available 24 hours, 512-397-4240
 - For faster service, please call APD to obtain case number
- **Safe Place**
 - Crisis counseling and intervention, educational information, support and counseling, emergency aid and advocacy, disability program for people who need special accommodations, emergency shelter for men and women
 - Available 24 hours: Sexual assault/domestic violence hotline, 512-267-SAFE
 - (TTY# for the deaf or hearing impaired, 512-927-9616) www.austin-safeplace.org
- **Austin Police Department**
 - Police assistance, educational information
 - Available 24 hours
 - Call 911 for emergencies or 311 for non-emergencies
 - Sex Crimes Unit 512-974-5230
- **UT Police Department**
 - Police assistance, educational information
 - Blue light emergency phones on campus
 - RAD program (Rape Aggression Defense) - free self-defense classes for women
 - Sexual assault information on web page: www.utexas.edu/admin/utpd
 - Available 24 hours, 512-471-4441

Alcohol, Drug Use and Sex Under the Influence

- **University Health Services**
 - Alcohol and Drug Education Program (UHS-ADEP)
 - SSB 1.106, 512-475-8252
 - healthyhorns.utexas.edu
 - ADEP Individual Consultations
 - Confidential, private consultations about your own or someone else's use of alcohol, tobacco, or other drugs
 - Assistance developing abstinence-based or moderation-based strategies with alcohol, tobacco or other drug concerns
 - Relapse prevention education and referrals
 - Sessions are one hour with optional follow-up
 - Alcohol & Drug Choices Program
 - Focuses on education, risk management, and harm reduction skills
 - Variety of class times available
 - Alcohol and Drug Peer Educator Program
 - Students help their peers learn to make responsible decisions around the use of alcohol and/or other drugs, and obtain up to five hours of upper-division elective credit in the process
 - Center for Students in Recovery (CSR)
 - Provides guidance and support for UT students in recovery from substance abuse and dependence
 - healthyhorns.utexas.edu or call 512-475-8252
- **Texas Commission on Alcohol and Drug Abuse**
 - Educational information/library
 - Information and referral hotline: (877) 9-NODRUG
 - www.tcada.state.tx.us
- **YWCA Counseling and Referral**
 - 2015 South IH 35, Suite 110, call 512-326-1222
 - Education, assessment & referral, substance abuse counseling, and groups for women
 - Mental Health Program (relationships, general mental health, women's counseling, individual programs, & referral service)
 - www.ywcaaustin.org
- **La Hacienda Solutions Counseling and Treatment Center**
 - 2100 Kramer Lane, Suite 200, call 512-835-1994
 - Screening, referrals, intensive and supportive outpatient services, education, family support and aftercare groups, relapse prevention
 - www.lahasolutions.com
- **Austin Recovery Center**
 - 8402 Cross Park Drive, call 512-821-1739 www.austinrecovery.org
 - Screening, detoxification, inpatient, supportive outpatient, and aftercare
- **UT Police Department**
 - "Fatal Vision Goggles" and "Campus Safety" programs for students
 - Ask for Officer Bill Pieper, 512-471-4441
 - For help on campus, call 512-471-4441
 - Available 24 hours
- **Narcotics Anonymous (NA)**
 - Self-help group for men and women with drug problems
 - Call 512-480-0004 for a current list of meetings or visit www.ctana.org
- **Alcoholics Anonymous (AA)**
 - Self-help program for men and women with alcohol problems
 - Call 512-444-0071 for a current list of meetings, including those on or near campus, www.austinaa.org

HIV/AIDS Resources

- **University Health Services**
 - 100F West Dean Keeton Street, Student Services Building
 - Medical care, appointments 512-471-4955
 - Confidential HIV prevention, counseling, and testing 512-471-4955
 - Health Promotion Resource Center with lending library: books and pamphlets, A/V resources, HIV/AIDS education.
 - Special presentations for student groups/academic classes, call 512-475-8252, 8am-5:30pm, M-F
 - Prevention information on the University Health Services Web site: healthyhorns.utexas.edu
- **AIDS Services of Austin**
 - 7215 Cameron Rd.
 - Information and referral to medical services, legal assistance and information, referral to counseling groups, case management services, food pantry, and HIV testing
 - Direct assistance for people living with HIV
 - Call 512-458-AIDS (2437). (TTY# for the deaf or hearing impaired, 512-459-DEAF)
 - www.asaustin.org
- **Austin-Travis County Health and Human Services Department - HIV Services Program**
 - Anonymous and confidential HIV antibody testing and HIV information
 - Call 512-972-5580
- **People's Community Clinic**
 - 2909 North IH-35
 - Call 512-478-4939
 - STI screening (including HIV) available by appointment
 - www.pcclinic.org
- **ALLGO/Informe-SIDA**
 - 701 Tillery
 - Latino lesbian, gay, bisexual, and transgender organization, bilingual HIV information, referral for medical assistance, support groups, early intervention case management services
 - Anonymous and confidential HIV testing
 - Call 512-472-2001
 - www.allgo.org
- **UT Telephone Counseling and Referral Service**
 - 512-471-CALL (2255), available 24 hours, 7 days a week
 - For currently enrolled UT students
- **Planned Parenthood of Austin**
 - Downtown Clinic - 512-477-5846
 - South Austin Clinic - 512-276-8000
 - North Clinic - 512-331-1288
 - www.plannedparenthood.org

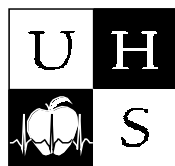
Prevention of Sexually Transmitted Infections & Unintended Pregnancy

- **University Health Services**
 - Sexual Health Peer Educator Program
 - SSB 1.106, 512-475-8252
 - healthyhorns.utexas.edu
 - All programs are free-of-charge
 - Student-led outreach workshops: Contraception 101, body art safety, safer sex communication, STI and HIV risk reduction, abstinence, and other topics available upon request
 - Student-led Hormonal Contraception Classes offered 3-4 times per week and STI Classes offered twice each month at UHS for both men and women; individual consultations also available. Call 512-475-8252, check the UHS Web site, or read *The Daily Texan* "Around Campus" section - classes announced weekly on Mondays.
 - Three free condoms, one free dental dam, sexual health printed and A/V resources available at the Health Promotion Resource Center, SSB 1.106
 - Sexually transmitted infection (STI) screening & treatment 512-471-4955
 - Women's Health Services
 - Annual exams & other gynecological services, contraception management, pregnancy testing, emergency contraception
 - For an appointment call 512-471-4955
 - Pharmacy, SSB 1.110, 512-471-1824
 - Prescription and over-the-counter contraception and STI protection
 - Request prescription refills online
 - Prevention/self-care information: healthyhorns.utexas.edu
- **Austin-Travis County Health and Human Services Department STD clinic**
 - 15 Waller Street, 8am-5pm, M-F call 512-972-5430
 - Anonymous and confidential HIV testing
 - STI testing and treatment (\$15 for complete screening and treatment)
- **Emergency Contraception Hotline**
 - 1-800-584-9911

Information for Gay, Lesbian, Bisexual, & Transgender Students

- **Gender and Sexuality Center**
 - Ground floor of the SSB
 - A safe space for all members of the UT Austin community to explore and organize around issues of gender and sexuality through education, outreach and advocacy.
 - Call 512-232-1831 M-F 8am-5pm
- **Waterloo Counseling Center**
 - 3000 S. IH-35, Suite 315
 - Mostly gay/lesbian/bisexual/transgendered counseling, therapy groups, couples counseling
 - HIV counseling
 - By appointment, call 512-444-9922
- **Out Youth Austin**
 - 909 East 49 1/2 Street
 - Peer support, education, and counseling for sexual minority youth
 - Call 512-419-1233, T, W, Sun 4:30-8:30pm
 - www.outyouth.org
- **Q**
 - Community/social support group for gay, bisexual, transgender or curious young men ages 18-29
 - www.gboyz.org
 - Call 512-420-8557
- **UT Counseling and Mental Health Center**
 - Individual and group counseling
 - Hours: M-F 8am-5pm, 512-471-3515
 - www.utexas.edu/student/cmbc
- **PFLAG (Parents, Families and Friends of Lesbians and Gays)**
 - 600 E. 50th Street, call 512-302-FLAG (3524)
 - www.pflag-austin.org

UNIVERSITY HEALTH SERVICES
University of Texas at Austin
Student Services Building
100 W. Dean Keeton St.
healthyhorns.utexas.edu



Important Numbers

Info & Appointments	512-471-4955
24 Hour Nurse Advice Line	512-475-6877
Health Promotion	512-475-8252
Pharmacy	512-471-1824
Student Insurance	512-471-1040