



**OFFICE USE ONLY**  
 NAME: \_\_\_\_\_  
 EID: \_\_\_\_\_  
 DOB: \_\_\_\_\_

# PrEP Agreement

This is an agreement for Initiating Emtricitabine/Tenofovir Disoproxil Fumarate 200 mg/300 mg (Truvada) or Descovy for HIV-1 Pre-exposure Prophylaxis (PrEP).

**Emtricitabine/tenofovir disoproxil fumarate or Descovy is indicated in combination with safer sex practices for HIV-1 pre-exposure prophylaxis (PrEP) to reduce the risk of sexually acquired HIV-1 in at-risk adults. Individuals must have a negative HIV-1 test immediately prior to initiating emtricitabine/tenofovir disoproxil fumarate or Descovy for HIV-1 PrEP.**

- If clinical symptoms consistent with acute viral infection are present and recent (<1 month) exposures are suspected, delay starting HIV-1 PrEP for at least 1 month and reconfirm HIV-1 status or use a test cleared by the FDA as an aid in the diagnosis of HIV-1 infection, including acute or primary HIV-1 infection

## Healthcare Provider Information to Review

I understand the risks and benefits of emtricitabine/tenofovir disoproxil fumarate or Descovy for HIV-1 PrEP and my obligation as a prescriber to educate the HIV-negative person about these risks, counsel the person on risk reduction, monitor the person appropriately, and report adverse events.

- Confirmed the negative HIV-1 status of this person prior to starting emtricitabine/tenofovir disoproxil fumarate or Descovy for HIV-1 PrEP
- Read the Prescribing Information, including the BOXED WARNING
- Discussed with the HIV-negative person the known safety risks with use of emtricitabine/tenofovir disoproxil fumarate or Descovy for HIV-1 PrEP
- Reviewed the importance of adherence with a comprehensive prevention strategy, including practicing safer sex
- Discussed the importance of virologic suppression in their partner(s) with HIV
- Discussed the importance of regular HIV-1 testing (at least every 3 months) while taking emtricitabine/tenofovir disoproxil fumarate or Descovy for HIV-1 PrEP, noting that some individuals, such as adolescents, may benefit from more frequent visits and counseling
- Reviewed the emtricitabine/tenofovir disoproxil fumarate Medication Guide with the HIV-negative person at risk prior to prescribing emtricitabine/tenofovir disoproxil fumarate for HIV-1 PrEP (Truvada)
- Completed the items on the Checklist for Prescribers: Initiation of Emtricitabine/Tenofovir Disoproxil Fumarate for HIV-1 Pre-exposure Prophylaxis (PrEP) (Truvada)

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## The following factors may help to identify at-risk individuals:

- Has partner(s) known to be HIV-1 infected, or
- Engages in sexual activity within a high prevalence area or social network and has additional risk factors for HIV-acquisition, such as:
  - Inconsistent or no condom use
  - Diagnosis of sexually transmitted infections
  - Exchange of sex for commodities (such as money, shelter, food, or drugs)
  - Use of illicit drugs, alcohol dependence
  - Incarceration
  - Partner(s) of unknown HIV-1 status with any of the factors listed above

## HIV-Negative Person Information to Review

I acknowledge that I have talked with my healthcare provider about the risks and benefits of emtricitabine/tenofovir disoproxil fumarate or Descovy to reduce the risk of getting HIV-1 infection, and I understand them clearly.

- My healthcare provider talked with me about the importance of follow-up HIV-1 testing, and I agree to have repeat HIV-1 screening tests (at least every 3 months) as scheduled by my healthcare provider
- My healthcare provider talked with me about the safety risks involved with using emtricitabine/tenofovir disoproxil fumarate or Descovy to reduce the risk of getting HIV-1 infection
- My healthcare provider talked with me about a complete prevention strategy and always practicing safer sex by using condoms correctly
- I will talk with my healthcare provider if I have any questions
- I have read the emtricitabine/tenofovir disoproxil fumarate or Descovy Medication Guide

Signature: \_\_\_\_\_

Date: \_\_\_\_\_