COVID-19 PREVENTION (Coronavirus)

ACTIONS TO HELP PREVENT THE SPREAD OF RESPIRATORY ILLNESS

- Wash your hands often with soap and water for at least 20 seconds—if soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Don’t share food, beverages or smoking devices with others.
- Avoid close contact with people who are sick.
- Stay home when sick.
- Clean and disinfect frequently touched objects and surfaces.
- Cover coughs or sneezes with a tissue and throw the tissue in the trash.
- If you experience symptoms of respiratory illness, call the UHS Nurse Advice Line at 512-475-6877.

HOOK’EM INSTEAD

GIVE A HOOK’EM instead of shaking hands or a fist bump
healthyhorns stop germs