Before You Come to Campus:

1. **Self-quarantine** at home either in or outside of Austin for **14 days prior** to your physical arrival on campus.

2. Visit [Protect Texas Together](https://www.protecttexas.together) website for any campus updates.

3. Download the Protect Texas Together App.

4. Make [The Commitment to Protect Texas Together](https://www.protecttexas.together).

5. Talk to your roommates—check out this [Roommate Guidance](https://www.protecttexas.together) to help with that conversation.

6. Talk with your family about a plan for if you get sick. Will you be able to come back home to self-isolate or do you need to consider alternate arrangements?

7. Look up offices and services you might need on campus to determine if their hours and/or offerings have been impacted by COVID-19.

8. Make decisions about your transportation options on or around campus to ensure your health and safety.

What to Pack:

- 5-7 reusable/washable cloth masks or other **recommended protective face masks**
- Personal thermometer
- Hand sanitizer that contains at least 60% alcohol—one for your backpack, car and room
- Hand soaps for your bathroom
- Cleaning products such as disinfectant wipes
- Copy of health insurance card (if you have one)
- Make a list of important contacts for emergency and everyday needs
  - University Health Services Nurse Advice Line: 512-475-6877
  - Behavior Concerns and COVID Advice Line (BCCAL): 512-232-5050
  - Delivery services numbers if you need help getting supplies
  - Friends and family

healthyhorns

Counseling and Mental Health Center and University Health Services
Division of Student Affairs

The University of Texas at Austin