Healthy Student Organization Program (HSOP) 2022-2023
Impact Report

The Healthy Student Organization Program supports student organizations in laying the foundation for retaining happy, thriving and engaged members and recognizes the groups for their efforts in various health promoting activities.

32 Registered Organizations 3438 Members Reached 342 Number of Wellness Activities Completed

14 Organizations Honored at Austin City Hall
34% of Groups Achieved the Highest Award

What groups are saying:

“HSOP expanded perceptions of health and wellness, and I hope it will do the same for the other officers and our members.”
- Women in Mechanical Engineering

“A challenge we faced was thinking of ways to promote mental health our members, and HSOP helped us overcome the block that we had by providing us with resources to make mental health care easily accessible.”
- Ismaili Muslim Student Association

“HSOP has helped keep our member’s mental, physical and emotional health at the forefront as we plan and carry out activities.”
- Global Medical Training

healthyhorns
The University of Texas at Austin
Longhorn Wellness Center
Division of Student Affairs