

# Longhorn Wellness Center A Framework for Action

## Our assets

- Students
- Public health experts
- Faculty and staff
- Community members
- Data and research
- Time, space and funding
- Technology

## What we do

- Work with partners to embed well-being in all facets of UT Austin
- Lead health promoting initiatives
- Mentor students
- Provide education and trainings
- Create and disseminate health messaging
- Identify trends in student well-being

## Results

- Improved environmental conditions to enhance health
- Increased campus access to well-being resources
- Increased campus capacity for promoting health
- Increased students' connection to community
- Increase student practice of health promoting behaviors and harm reduction strategies
- Increased awareness, knowledge and skills in well-being

## Campus impact

- Well-being present in all campus policies, practices and environments
- Improved student health outcomes
- Improved student academic success and retention

## Our Values

Multidimensional Wellness | Public Health Practice | Community | Growth | Sustainability

